

Emotional Health

(also known as Patient Health Questionnaire)

East Bay
Nephrology
Medical Group

This confidential, 5-minute survey, called the Patient Health Questionnaire, helps your kidney doctor and Village Health team understand if there are any ways we can help you with emotional support.

Once your survey is complete, please return it to your kidney doctor or mail it with the prepaid envelope.

When taking the survey:

- Be truthful
- Do not let what others think or say affect your answers
- Know that there are no right or wrong answers, and it is OK to disagree with a statement

Questions?

Call your kidney doctor or VillageHealth: 833-820-0842 (11 a.m. to 7 p.m., Monday through Friday). These times are EST, or Eastern Standard Time.



Name: _____
 Date of birth: _____
 Medicare #/ID: _____
 Today's date: _____
 Practice name: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING 0 + _____ + _____ + _____
 =Total Score: _____

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all

Somewhat difficult

Very difficult

Extremely difficult

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